



SOUTH WOOTTON INFANT SCHOOL

PSHE Progression (Jigsaw Scheme)

	EYFS	YEAR 1	YEAR 2
Being Me in My World	<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> •
Celebrating Difference	<ul style="list-style-type: none"> • Understand everyone good at different things • Understand being different makes us special 	<ul style="list-style-type: none"> • Talk about ways they are different from each other • Understand differences make people special and unique 	<ul style="list-style-type: none"> • Identify ways in which people are different from each other • Explain why differences between people are valuable
Dreams and Goals	<ul style="list-style-type: none"> • Begin to understand resilience • Set simple goals and work towards them • Encourage others 	<ul style="list-style-type: none"> • Understand resilience • Talk about how it feels to succeed in a new challenge and how to celebrate this success 	<ul style="list-style-type: none"> • Demonstrate resilience when working towards goals • Understand and demonstrate collaboration with others when working towards a goal
Healthy Me	<ul style="list-style-type: none"> • Understand need exercise to keep healthy • Name healthy foods • Understand simple ways to keep healthy and safe 	<ul style="list-style-type: none"> • Identify some ways to keep body healthy and safe • Recognise how feeling healthy can help to feel happy 	<ul style="list-style-type: none"> • Make some healthy snacks and explain why they are good for my body • Express how it feels to share with friends
Relationships (Norfolk LA SRE)	<ul style="list-style-type: none"> • Understand how to make friends • Know and show what makes a good relationship 	<ul style="list-style-type: none"> • Talk about why appreciate someone special to them • Express how feel about people close to them 	<ul style="list-style-type: none"> • Identify some things cause conflict between friends • Demonstrate how use positive problem-solving techniques to resolve conflicts
Changing Me (Norfolk LA SRE)	<ul style="list-style-type: none"> • Name parts of the body • Understand growth from babies to adults 	<ul style="list-style-type: none"> • Identify parts of body that make boys and girls different and name correctly • Respect body and understand which parts are private 	<ul style="list-style-type: none"> • Recognise physical differences between boys and girls • Discuss what like/dislike about being a boy/girl